

Pump it up! (Autumn 1)

Outside visitors: Florence Nightingale workshop

Science (Animals including humans- Just the part on humans)	Art (Drawing in different sizes)	DT (Make a healthy dish)
<ul style="list-style-type: none">• Healthy and unhealthy food Look at foods and discuss which foods are healthy and which are not and give reasons.• Food groups Name the different food groups and identify the different foods belonging to each group. Discuss the important of each group.• Balanced diet Use food groups to discuss how you make a balanced diet. Discuss having the correct amount from each group in your diet.• Exercise Look at the benefits of exercise and what affect they have on our bodies and health. Relate to how our heart rate changes. Make observations and record our results.	<ul style="list-style-type: none">• Research Look at the artist Giuseppe. Briefly discuss his life and look at some of his paintings. Children will discuss the ones they like and discuss the one's do not like, explaining why.• Drawing Using 'view finders' children will draw different fruits and add in marks.• Assembling Like Giuseppe, children will assemble their work to make their fruit look like a face.• Evaluate Evaluate their final piece. They will think about what worked well and what they would want to improve next time.	<ul style="list-style-type: none">• Research lesson Look at different fruits and taste them. Taste smoothies, fruit salads etc combinations which already exist.• Plan Plan their healthy dish (smoothie, fruit kabab or fruit salad). Create a class survey to collect the data.• Make first batch Children will make their planned dish and get other children to taste. Evaluate and make any changes to it.• Make their final dish Alter plan from evaluation and make re-make their dish.• Evaluate Evaluate final dish.
History (Florence Nightingale)	ICT (Word)	
<ul style="list-style-type: none">• Introduce Florence Nightingale Look at when she lived, details about early life and expectations at the time for wealthy women. Discuss why wanting to	<ul style="list-style-type: none">• Enter text Use the keyboard to change to a CL, how to move on to a new line, how to leave a space, change the colour, font, size using the tabs.	

be a nurse went against what her family wanted for her.

- **Conditions of the hospital**

Discuss why she went to the hospital in Scutari and what she found when she got there.

- **Making changes**

Discuss the improvements she made at the hospital and how the changes impacted the wounded soldiers. Discuss why she became known as the lady with the lamp.

- **Becoming a celebrity**

Look at what she did for nursing in the UK and how she became a celebrity.

- **Similarities and differences**

Look at medical care now and in the Victorian times. Nurses outfits, treatments, hospital wards and first aid now and then.

- **Using a search engine**

Find pictures using clip art understand how to enter them in to a word document. Use safe search to find pictures and copy and paste them.

- **Enter and edit text and pictures**

Use knowledge from previous lessons to create a poster on keeping healthy.